



Stockpile Grocery List

Breakfast

- Pancake Mix
- Cereal
- Oatmeal
- _____
- _____
- _____

Lunch/Dinner

- Soup
- Jelly
- Peanut Butter
- Beans
- Tomatoes
- Pasta Sauce
- Pasta Noodles
- Rice
- Tuna
- _____
- _____
- _____
- _____

Baking Supplies

- Flour
- Sugar
- Salt
- Baking Powder
- Baking Soda
- Oil
- _____
- _____
- _____
- _____

Other Food Items

- _____
- _____
- _____
- _____
- _____

Condiments

- Ketchup
- Mustard
- Steak Sauce
- Barbecue Sauce
- Mayo/Miracle Whip
- _____
- _____
- _____

Health & Beauty

- Toothbrush
- Toothpaste
- Mouthwash
- Feminine Products
- Deodorant
- Shampoo/Conditioner
- Styling Products
- Soaps
- Razors
- _____
- _____
- _____

Paper Products

- Sandwich Bags
- Freezer Bags
- Paper Towel
- Toilet Paper
- Foil
- Plastic Wrap
- _____
- _____
- _____

Household Products

- Laundry Detergent
- Dish Soap
- Garbage Bags
- _____
- _____
- _____

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