

HOW TO COLOR EASTER EGGS NATURALLY

Natural Dye Solutions: For every dozen eggs, plan on using at least four cups of dye liquid. Add one tablespoon white vinegar to every cup of strained dye liquid, except where indicated

Per cup of water, add the following:



Blue: Use red cabbage to dye the eggs blue. Just cut 1/4 head of red cabbage into chunks and add to 4 cups of boiling water. Let cool to room temperature and remove cabbage with a slotted spoon. Add vinegar.



Green: Add a cup of spinach or a few teaspoons of spirulina to boiling water. Add vinegar.



Mustard Yellow: Stir 2 Tablespoons of ground turmeric into 1 cup boiling water. Add vinegar.



Dark Pink: Beet-dyed eggs will darken the longer they sit in the liquid. Cut 1 medium beet into chunks and add to 4 cups boiling water. Stir in vinegar and let cool to room temperature before removing the beets.



Muted Blue: Mix 1 cup frozen blueberries with 1 cup water, bring to room temperature, and remove blueberries. Do not add vinegar.



Orange: Longer soaking of these onion-dyed eggs will help you achieve a darker color. Take the skin of 6 yellow onions and simmer in 2 cups of water for 15 minutes, then strain. Add vinegar.



Lavender: Mix 1 cup grape juice and 1 tablespoon vinegar.