## **GROCERY LIST**

FOR THE WEEK OF:

PRODUCE	FRIDGE	FREEZER
Onions	Ricotta	
Garlic	Shredded Mozzarella	
Carrot	Eggs	
Zucchini	Grated Parmesan Cheese	
Yellow Squash		
Corn		
Red Pepper		
Cilantro		
Tomato	MEATS	
Avocado	Chicken Breasts	
Lime	Ground Beef	
Shredded Lettuce	Flank Steak	
Green Onions		
	PAN	NTRY
	Cumin	Black Beans
	Chili Powder	Vegetable Stock/Broth
	Vegetable Oil	Brown Rice
	Ground Ginger	Soy Sauce
	White Vinegar	Brown Sugar
OPTIONAL	Italian Seasoning	Creamy Peanut Butter
	Parsley	Jumbo Shells
	Olive Oil	Marinara Sauce
	Taco Seasoning Mix	Petite Diced Tomatoes
	Ranch Dip Mix	Sriracha
	Ranchero Beans	Ro*Tel HOT Diced
	Corn Starch	Tomatoes with Habane
	Sesame Oil	